



Dated: 5th June, 2021

Report of the webinar on Health & Happiness

A webinar on “Health & Happiness” was organized by the Women Development Cell of GCET on the 4th of June, 2021 from 2:30 to 3:30 pm.

Ms. Nethya Chellam, speaker of the webinar is a multi-faceted person with a Technical professional background in IT and an equally vibrant spiritual inclination. Apart from being a Manager in Microsoft, she is also the founder of Chellam Healing Center that works towards healing minds and mindsets.

The session was began with welcome address by Dr. Krupal Parikh, convener of the webinar. Then, Ms. Nithya has started talks on Health & Happiness. She touched upon points like guilt, forgiveness, sadness and led the crowd towards happiness, liberation and bliss. All have enjoyed the session. The session was ended by vote of thanks delivered by Mr. Darshan Modi, a first year Computer Engineering Student.

This session was open for all Faculties and Students. In fact, few participants from other Institutes also shared their willingness to join the same.

A total of 110 participants attended the event.

Overall it was a very Inspiring & useful event.