

## NSS Activity Report – 2020-21

### Fit India Movement

- Warm exercise and Yoga session is organized in the campus.
- The Yoga demonstration is guided by Dr. Samir Trapasiya.
- Dr. Himanshu Soni (Principal) advised faculties for bringing Yoga in daily life.
- Around 15 faculties participated in the program.
- Students were not present in the campus, due to online classes.
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